



# KIDS' SUMMER CHALLENGE 2023

LINDSEY LODGE  
**HOSPICE HEROES!**



[lindseylodgehospice.org.uk](http://lindseylodgehospice.org.uk)

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# KIDS' SUMMER CHALLENGE 2023

## WHAT WILL YOU DO?

### This is Betsy and her friends...

They chose to take part in a sponsored fancy dress walk around their village.

They set up a JustGiving page and walked around the village carrying donation buckets.

Betsy said: "I really enjoyed doing the Summer Challenge with my brother and friends. We had lots of fun and I'm happy we raised money for Lindsey Lodge!"



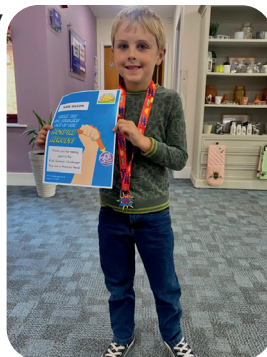
**RAISE £30  
OR MORE TO  
BECOME  
A  
HOSPICE  
HERO!**

**HOSPICE  
HEROES!**

LINDSEY  
LODGE

### This is Ivor...

Ivor planned a picnic in the park with his friends. His friends bought picnic bags and cakes which Ivor's mum had kindly baked, they then enjoyed playing together in the park.



## WHAT IS THE KIDS' SUMMER CHALLENGE?

We're looking for little heroes to take on a special role of carrying out their own fundraising challenge, to raise £30, or more during the Summer Holidays!

Work as an individual, together with a group of friends, or get your local group/sports team involved.

Whether it's selling your old toys, holding a bake sale, or turning a hobby into a challenge... You'll be our Hospice Hero!

## REGISTER ONLINE TO BECOME A HOSPICE HERO

Please register on our website to take part in the Kids' Summer Challenge

[www.lindseylodgehospice.org.uk/supportus](http://www.lindseylodgehospice.org.uk/supportus)

Once registered you'll receive a 'You are In' email, you can then start planning...

## THANK YOU PARTY!

If you choose to take part and are able to raise £30 or more, you'll be invited to attend a Thank you Party at The Pink Pig, Scunthorpe.

Here we'll present you with a medal and certificate.

You can then enjoy a fun-filled day, enjoying the farm and indoor activities!

**Pink  
PIG  
FARM**



## WHY WE NEED YOUR SUPPORT

LAST YEAR WE INCREASED OUR INPATIENT BED CAPACITY FROM 10 TO 16. WE ALSO NOW OFFER A 24/7 PALLIATIVE ADVICE LINE - THE BUTTERFLY LINE.

OUR WELLBEING SERVICES HAVE DELIVERED OVER 2,200 FOLLOW UP PATIENT APPOINTMENTS AND OUR FAMILY SUPPORT TEAM HAVE CARRIED OUT OVER 800 SESSIONS. YOUR FUNDRAISING WILL ALLOW US TO CONTINUE TO SUPPORT LOCAL PATIENTS AND FAMILIES, BOTH NOW AND IN THE FUTURE.

## CHARITY FUNDRAISING IS PROVEN TO HAVE A POSITIVE IMPACT ON A YOUNG PERSON'S MENTAL HEALTH & WELLBEING

- PROMOTES POSITIVE PSYCHOLOGICAL CHANGES IN THE BRAIN ASSOCIATED WITH HAPPINESS
- BRINGS A SENSE OF BELONGING & REDUCES ISOLATION
- BOOSTS SELF CONFIDENCE & SELF WORTH
- REDUCES STRESS AND NEGATIVE FEELINGS
- CREATES A 'KINDNESS BANK' FOR LONG TERM EFFECTS
- MAKES THE WORLD A HAPPIER PLACE!

For more information, please email April at [april.barrowcliffe@nhs.net](mailto:april.barrowcliffe@nhs.net)

 FUNDRAISING  
REGULATOR  
CHARITY NO: 702871

LINDSEY  
LODGE  
**HOSPICE  
HEROES!**