



Carers' Assessment

Information Guide

Always there to care

Lindsey Lodge Hospice and Healthcare
Burringham Road
Scunthorpe
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Tel: 01724 270835
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Please take your time to read through this booklet

Why have I been given this booklet?

You have been given this booklet because you are caring for someone who is accessing the Hospice services. As a Hospice, we aim to support you as a carer with, not only your caring role but also with your individual needs. The booklet has been designed to allow you to indicate the areas where you feel that a level of support may be beneficial to you.

How do I complete this booklet?

Take your time to read through the booklet before you fill it in. Please tick one of the boxes for each statement to indicate where you feel you may want support. The booklet uses a scale so that you can indicate the level of support you feel is appropriate. Do not be worried if one of the statements does not apply to you, just tick the 'no support needed' box.

Do I fill the booklet in alone?

When you are given the booklet a member of staff will offer to spend time with you talking through each statement and filling it in. This may be helpful to you. However, you may wish to take the booklet home to read through in your own time. You may wish to talk through the assessment with your relative or loved one. This decision is entirely yours.

For each of the questions tick the most appropriate level of support you may feel you might benefit from. You can then discuss this with a member of the Hospice Team.

Do you need more support with...	No	A Little more	Quite a bit more	Very much more
1 - Understanding your relative's illness?				
2 - Having time to yourself in the day?				
3 - Managing your relatives symptoms, including giving medicines?				
4 - Your financial, legal or work issues?				
5 - Providing personal care for your relative (eg. dressing, washing, toileting)?				
6 - Dealing with your feelings and worries?				
7 - Knowing who to come to contact if you are concerned about your relatives (for a range of needs including at night)?				
8 - Looking after your own physical health?				

Do you need more support with...	No	A Little more	Quite a bit more	Very much more
9 - Equipment to help care for your relative?				
10 - Your beliefs or spiritual concerns?				
11 - Talking with your relatives about their illness?				
12 - Practical help in the home?				
13 - Knowing what to expect in the future when caring for your relative?				
14 - Getting a break from caring overnight?				
15 - Anything else? (please write below)				

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What Happens Next?

Once you have returned the booklet to the Hospice a member of staff will talk through the booklet with you and discuss the areas that you have ticked in more detail.

The staff member may ask you to indicate the most pressing concerns or areas in which you feel you would like the most support. At the end of the discussion, the member of staff will write an action plan with you detailing your support needs and the support that can be sought, this may also include a follow-up appointment.

This discussion may happen when you drop the booklet off but it may also happen at a pre-arranged appointment.



What if I don't have any support needs?

At Lindsey Lodge Hospice we appreciate that, as a carer you may not have any support needs. However, we also appreciate that things can change very quickly.

If, on return of the assessment booklet, you haven't indicated any support needs, if things change and you feel you may want support please do not hesitate to contact the Hospice.

If you have any concerns regarding filling in the carers assessment booklet please feel free to contact a member of staff at Lindsey Lodge Hospice who will be happy to answer any queries or concerns you may have.



Please feel free to use this page to make your own notes

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