

HOSPICE NEWS



March 2023



Would you Care for a Cuppa?

Welcome... from the Chief Executive

As spring has sprung and the daffodils pop up, I think we had started to feel hopeful that warmer weather and lighter nights were on the way.

We had planted seeds in the poly tunnel and seen our retail shop windows dressed with Mother's Day gifts and bright colours - and then we awake to snow! Let's hope it doesn't last and cause too much disruption.



Our March Team Talk covers forthcoming events as we plan the coming weeks and reflects on some of those that have occurred since Christmas. Our continued thanks to all our supporters, despite the challenging financial climate we continue to receive fantastic support from our locality and our high standards of care and excellent professional reputation drive our donations.

Sincere thanks and best wishes to you all,

Karen Griffiths

Care for a Cuppa and support Lindsey Lodge

We're urging people to pop the kettle on in March to help raise the much-needed funds we need to provide our care.

Everyone who registers to Care for a Cuppa will receive their very own fundraising pack to help get started with their event. They will also receive a copy of Lindsey Lodge Volunteer Jill Perry's famous fail-safe scone recipe, as well as some of her other homemade favourites to provide them with inspiration.

People can sign up free of charge online now [here](#) by email at llh.enquiries@nhs.net or by phoning the Fundraising Team on 01724 270835. The Fundraising Team are also going out and about in the community with some pre-arranged events, so please pop along and join them if you're able to, details [here](#).



News

Jog on January raises over £11,000



In total 142 people took part in the Jog on January challenge, many of them putting on their running shoes to take part in the Scunthorpe Park Run grand finale on Saturday 28 January, raising over £11,000 to date, with money still coming in. Lindsey Lodge Fundraiser Courtney Deans said: "It was fantastic to see so many people running together at Park Run and we were overwhelmed by the support from local people and organisations, from our sponsors, Énergie Fitness, to Scunthorpe parkrun and Scunthorpe United FC - the challenge truly created a real sense of community." More [here](#)

Benidorm bound challenge raises £19,351

A group of bikers from North Lincolnshire completed a bike ride across six countries in just six days to reach Benidorm to raise £19,351 for Lindsey Lodge.



Leaving Winterton on Honda C90s, John Haynes, Lee Baker, Jonny Miller, Steven Joyce, Matthew Joyce and Jez Teasdale rode in memory of John's Dad, Rod Haynes, who was cared for at Lindsey Lodge Hospice and Healthcare in March 2021.

On bikes with an average speed of 40mph, the group travelled through Holland, Belgium, France, the Pyrenees, Andorra and Barcelona before reaching Benidorm.

Lindsey Lodge Fundraiser Selina Doyle said: "We are blown away by John and the team's incredible achievement!"

"On behalf of everyone at Lindsey Lodge I'd like to say a big thank you to John and the team and everyone who sponsored them, every penny raised will go directly to caring for local patients and their families." Read more [here](#)

Lindsey Lodge hosts visit

We were delighted to welcome North Lincolnshire Place Director Alex Seale and Humber and Chief Executive of City Partnership Hull and Chair of the ICB Community Collaborative Andrew Burnell to Lindsey Lodge recently. As well as meeting our Executive Team, they met with our clinical staff and patients.



News

Winterton Iron fans support Lindsey Lodge



A yearlong fundraising campaign by a big-hearted group of Scunthorpe United supporters has raised thousands for Lindsey Lodge. Members of Winterton Iron visited us to hand over a cheque for £4,190, after holding a variety of activities to raise the much-needed funds. More [here](#)

National Apprenticeship Week



We celebrated National Apprenticeship Week in February, here at Lindsey Lodge, Sophie Clifford is currently undertaking an Advanced Care Practitioner apprenticeship at the University of Hull. Advanced Care Practitioners are key to leading on our nurse and therapy led beds.

Chair based exercise gets patients moving

Patients at Lindsey Lodge Hospice and



Healthcare are benefitting from regular sessions of Chair Based Exercise following recent training for staff.

The training from Sarah Bolitho of All Active was attended by a wide cross section of Lindsey Lodge's Clinical Team and volunteers to enable inpatients, day patients and outpatients to have access to Chair Based Exercise regularly throughout the week.

Lindsey Lodge Advanced Care Practitioner Occupational Therapist Sarah Hodge, who is leading the initiative said: "Chair Based Exercise aids mobility function, builds muscle strength and reduces fatigue. It's a great way to get people moving without the fear of falling." More [here](#)

Folk 'Round 'Ere raise hundreds

Thanks so much to Folk 'Round 'Ere -



Promoting folk music, song & dance in North Lincs, for raising £300 for Lindsey Lodge in memory of founder Roberta Fulford.

News

Lincoln Gardens boost funds

Thank you to Lincoln Gardens Primary School for raising £200 with their Mini Elf back in December! Head girl Grace and Head boy Max are pictured with Headteacher Miss Nuttall with Lindsey Lodge Fundraiser Selina Doyle.



March is Make a Will Month



We've teamed up with four local solicitors in a month-long campaign to highlight the importance of making a Will. Our Make a Will Month campaign runs throughout March, and will see solicitors Symes Bains Broome, Sills Betteridge, BRR Law and Tyto Law donating 70% of their standard fee for a single or mirrored Will to Lindsey Lodge, when booked as part of the campaign, more [here](#)

Thanks and farewell Joy



Our Volunteer Chaplain Joy Osborne has recently retired from her role, she said: "After retiring from the prison service I have worked at St Andrews and Lindsey Lodge and found the ministry to patients and staff very fulfilling and rewarding.

"I am also grateful to the hospice for supporting the publication of my book which enabled me to make a donation to the hospice through book sales."

We wish Joy a long and happy retirement.

Thank you to our Mini Elf supporters!



A huge thank you to all of the schools and clubs who supported our Mini Elf fundraising activities! In total 13 groups took part, and the grand total raised was an amazing £7,614 - that's a lot of elves!

News

Saints Singers sing for Hospice



Thank you to Elizabeth, Lucinda and everyone from the Saints Singers choir for raising £112.50! The Winterton based community choir raised the funds at their Christmas concert.

Mother & Me Photography

Don't miss out on this wonderful opportunity at The Wootton Hall Estate which is being generously offered by the very talented Alex Collingwood of Simplicity Photography By Alex - Specialist Newborn & Baby Photographer. Appointments only. More [here](#)



Thanks for supporting Treecycling 2022!



Complementary Therapist Volunteer needed

Are you a qualified Complementary Therapist who could spare some hours to volunteer at Lindsey Lodge? Complementary therapy plays such an important role in supporting our patients with personalised care to support them with the side effects of their treatment, reduce their anxiety, as well as improving their physical and emotional wellbeing.

If you could spare any time Monday to Friday, please contact Operational Matron Karen Andrew on email karen.andrew1@nhs.net thank you.



News

A special Valentine's surprise!

We were delighted to help one of our patients, Brian, surprise his wife, daughter and son-in-law with afternoon tea on Valentine's Day

Brian's daughter Fiona said: "A massive thank you from all of us that the wonderful team at Lindsey Lodge were able to facilitate this magical surprise request on Valentine's Day by my dad Brian an inpatient on the ward. The care and devotion of the team is truly awesome!"



Car Boot Sales are back!

Our first car boot sale of the year takes place on Sunday 2 April and is the perfect opportunity for you to get rid of all your bits & bobs. Trading costs £6 per car or £9 for a van or trailer. [Book here](http://www.lindseylodgehospice.org.uk)



Thank you NeliPack

We'd like to say thank you to NeliPack for donating £440 raised through their

Christmas raffle! Staff selected Lindsey Lodge as their chosen charity in memory of their long serving colleague Gary Dunderdale.



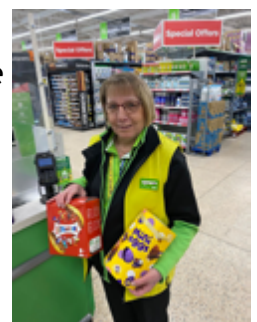
Prizes were kindly donated by NeliPack's main suppliers. Josh and Corina popped to present the cheque to our Fundraising team today. Thank you!

Easter Hampers

As soon as Christmas is over, our Fundraising Team are planning Easter! Look out for some fabulous Easter Hampers out and about in our shops and local businesses. We put out an appeal for eggs and were delighted with the response!



Thank you to everyone who donated eggs at our Hospice Reception, and also to local businesses Asda and the Bradbury Group for their egg-stra special support! If you'd like a hamper please contact our Fundraisers on 01724 270835.



News

Memory Making at Lindsey Lodge

When someone is diagnosed with a life limiting, or end of life condition, they may wish to leave behind some special memories for their loved ones.

Lindsey Lodge Advanced Assistant Leah Gillott and Healthcare Assistants Tracy Strong and Julie Popple are supporting patients with memory making within the hospice setting, and currently have a Memory Making Table in the Wellbeing Centre with a variety of ideas to prompt discussions.



Tracy Strong said: “Having the table prompts conversations about making memories, either within groups, or one-to-one.

“Some people may never have thought about making memories, and others would like to, but don’t know how.”



Ideas on the table include memory bags and boxes, scrap books, milestone cards, teddy bears and letters, and all of these are available for patients to make memories.

Julie Popple said: “A letter is a very powerful way for patients to say something that they may not be able to say in person right now. Writing a letter, allows them to make peace and have closure.

“Memory bags and boxes can contain a whole host of mementos, whereas a scrap book is a simple way of sharing photos, notes and other memorabilia, this can also help our patients to reminisce about happy memories as they are creating them.”

Leah Gillott added: “It’s also possible to include cards and notes for milestone birthdays and events in the future.

“Leaving these thoughts for the people we love can be very important, especially for patients with younger families who could grow up without remembering some aspects of their lives with them.”

The clinical teams hold a Christmas raffle each year, and the proceeds from this supports purchasing the memory making materials. Patients can make two free memory items, but can purchase more if they require them, they are also encouraged to bring their own if they wish to have something more personalised.

Leah added: “We offer this service to all of our patients, whether attending the Wellbeing Centre, or in our Inpatient Unit. We try to cater for everyone’s budget and requirements and hope that these important memory making activities provide comfort for patients and their loved ones both now and in the future.”

News

Wellbeing patients enjoy arts, crafts and special occasions...

Our Wellbeing patients have already been busy during 2023!



In January they celebrated Burns Night, when patients enjoyed quizzes, Robert Burns poems, a Burns Night recital, Scottish food including cranachan and haggis, whisky tasting and bagpipe music.

Meanwhile, with spring just around the corner, patients have been making bug boxes to provide a snug safe place for the insects and bugs that help to keep our plants and gardens healthy.



We recently had a very important visitor to our Wellbeing Centre. Our Volunteer Charlotte brought in 1 week old baby Alexander to meet us all and say a very special hello to Great Grandad Stephen. The team captured the moment the doting great grandad met him for the first time, and they have very kindly allowed us to share this lovely photo.

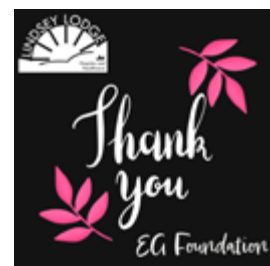


After a call out for support with art therapy, we were delighted when Art Teacher Martin responded. He's now started running sessions and our patients loved unleashing their creative side...



Grant funding to support Wellbeing patients

A huge thank you to EG Foundation for granting us the funding to purchase a totem display to support daily exercise programmes in our Wellbeing Centre.



Retail News

Brides on a budget invited to visit Brigg Pop up Wedding Shop

We're inviting brides-to-be who are looking for a bargain wedding dress to visit our Pop up Wedding Sale.



We've dedicated the whole of the first floor of our Lindsey's charity retail shop at 64 Wrawby Street in Brigg to this one-time only clearance event.

Lindsey Lodge Deputy Chief Executive Tom Moody said: "With prices ranging from just £10 to £90 for our fabulous selection of new and pre-loved dresses, this is a fantastic opportunity for anyone looking for a wedding dress, but please hurry as when they're gone, they're gone! More [here](#)

Our Shop & Donate Warehouse is now open Saturdays!

Did you know our Lindsey

Lodge Shop & Donate Charity Warehouse is now open Monday to Saturday 10am to 4pm?



Whether you're wishing to donate, or looking for something in particular, please pop in and take a look. We're at 64a Crosby Road, Scunthorpe, telephone 01724 848769.

Don't forget Gift Aid..

By helping us claim Gift Aid, we are able to generate extra income without it costing you a penny. If you are a UK tax payer and you say 'Yes' to Gift Aid, we are able to claim 25p for every £1 raised from the sale of your items as part of the government's Gift Aid scheme.

We need your donations!

Lindsey Lodge is truly a local charity, supporting local people.

When you donate your unwanted items to Lindsey Lodge, every penny made goes

towards supporting North Lincolnshire patients and families. You're also helping to reduce waste and local landfill.



Find us on Facebook

You can now find all of our individual retail outlets on Facebook, so it's even easier to keep up to date with what's going on in your local store. Please follow like and share our pages:

[Ashby](#)

[Ashby Bookshop](#)

[Barton](#)

[Brigg](#)

[Epworth](#)

[Gainsborough](#)

[Laneham Street](#)

[Messingham](#)

[Thorne](#)

[Warehouse Shop & Donate](#)



Mother's Day

Our shops are Mother's Day ready, with some beautiful displays. So if you're looking for something special please call in and say hello. Check out their individual Facebook pages for full details!



Your Opinion Counts...

If you'd like to share your experience with us, please contact us on llh.enquiries@nhs.net, leave a personal message on our social media channels, or phone Jenny Baynham or Lizzie Orwin on 01724 270835.



To each and everyone that works at Lindsey Lodge, words can never express how grateful we are for the outstanding, and loving care you gave. You gave us 3 more weeks to share with her, we will always remember you all.
THANK YOU.X

The care and support, respect they gave my wife when she was taken there last Saturday was absolutely fantastic. The staff are awesome and thank you so much for your help and support to me and my family it is second to none. Would like to thank Dr Adcock for being so honest about everything.

Wonderful... The word special comes to mind every day at Lindsey Lodge Hospice.

Special place
Special people
Special moments at such difficult times

Not all Angels have wing's. The outstanding and loving care shown to my daughter, by all the staff was incredible, also to my family and friends. We will be forever grateful for those precious weeks you gave us with her. Without your care we would have been lost. You truly deserve all the help we could all give you in raising funds.
Thankyou once again xx

Upcoming activities

Click on the flyers to find out more

PUT THE KETTLE ON AND SHOW YOU CARE

CARE for a CUPPA

CAN YOU ARRANGE A MORNING BREW OR AFTERNOON CUPPA?
IN THE COMMUNITY?
AT HOME? AT WORK?
& RAISE FUNDS FOR LINDSEY LODGE

MARCH 2023

REQUEST YOUR FREE PACK
BY CALLING 01724 270835 OR
SCANNING THE QR CODE

LINDSEY LODGE
Charity number 702871
www.lindseylodgeshospice.org.uk

March

Have you made a Will yet?

MAKE MARCH THE MONTH YOU DO...

Make a Will Month 2023
Buying a house? Getting married? Having a baby? Becoming a grandparent?

MAKE A STANDARD WILL WITH ONE OF OUR PARTICIPATING LOCAL SOLICITORS THROUGHOUT MARCH AND 70% OF THE COST WILL BE DONATED TO LINDSEY LODGE

BIR Law
Wadsworth House,
30-40 Laneham St,
Scunthorpe DN15 5PB
01724 854000

Silks & Betteridge LLP
76 Oswald Road,
Scunthorpe DN15 7PD
01724 702222

Symes Bains Broomer
2 Park Square, Laneham
St, Scunthorpe DN15 6JH
01724 288668

Tyndall
90 High Street,
Scunthorpe
01724 200000

LINDSEY LODGE
Charity number 702871
www.lindseylodgeshospice.org.uk
01724 270835

March

IN AID OF LINDSEY LODGE
Charity number 702871

MARCH

THE PERFECT SURPRISE FOR MUM
THIS MOTHER'S DAY

BOOK YOUR
MOTHER & ME PHOTOSHOOT
TODAY

SATURDAY 4TH MARCH
APPOINTMENTS BETWEEN 9.30AM - 3.00PM
WOOTTON HALL

SP

INCLUDES 30 MINUTE PHOTOSHOOT EXPERIENCE, 2 DIGITAL IMAGES & A GALLERY OF 10 IMAGES TO CHOOSE FROM. ALL FOR JUST £39. ONLY 10 SLOTS AVAILABLE.

25 March

Lindsey's Meet & Eat

**Mother's Day Specials Week
at Lindsey's Meet & Eat**

**Cupcake & Coffee
£3.75**

**Monday 13
to
Saturday 18
March**



First Sun
April to



3 June
23 August
&
14 October



Saturday
10 June



Friday 16
June



Friday
23 June



Saturday 8
July



Friday 8
September

Great North Run



Sunday
10
September