

HOSPICE NEWS



March 2021

GLOW WALK 2021

10 SEPTEMBER 2021



It's launched!

Welcome from the Chief Executive

Wishing Everyone a Very Happy Easter

Here's hoping you have all enjoyed the bank holiday weekend and eaten lots of chocolate, despite the not great weather, at least our lockdown restrictions are slowly lifting and we are able to meet up outside with others.

My sincere thanks to all those participating in our 'Easter Bonnets and Bakes' competitions, there are certainly some very talented individuals in our midst and the entries were wonderful. You are all winners and we thank everyone for supporting us with this event.

We held our Board meeting last week and were able to reflect on our very 'different' year. Despite the many varied challenges across the whole organisation we have come through the year with things improved in our environment and lots of learning and reflections that are positive. On behalf of the Board, I convey thanks to our staff, volunteers and supporters for the loyalties and commitments shown to us. We truly value all the efforts and work of staff and volunteer. We remain very positive that our retail and catering services will recover as we are allowed to open up. Our care services have adapted and found different ways of working that now seem the 'norm', and we have had some excellent patient feedback and family stories captured over the past months. We share some in this edition of team talk and do take these stories back to the Board. The stories are very powerful and remind us of our valuable contributions we all make - they capture the essence of hospice care.

My very best wishes

Karen Griffiths



Get ready to Glow on 10 September

Registration is now OPEN for the Lindsey Lodge 2021 Glow Walk which takes place on Friday 10 September. We're so excited to welcome back our Glow Walkers and hope it will be our best year yet! Find out more and book [here](#)

This years Glow Walk is kindly sponsored by our Brand Partners DDM Residential, Gravelmaster, Jason Threadgold Funeral Director, Jotun UK & Ireland, Shift Traffic Events, Singleton Birch & Symes Bains Broomer



News

AMS Bobcat join the Lindsey Lodge Business Club

We're pleased to welcome AMS Bobcat to the Lindsey Lodge Business Club! They said: "Lindsey Lodge means a lot to many of the employees at AMS Bobcat Ltd, and we feel strongly about supporting our local hospice, so we decided to become members of the Business Club." You can find out more about the Business Club [here](#)



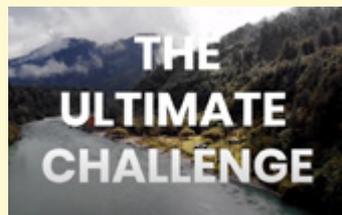
Mark runs 1,000 runs in 1,000 days

Well done to superstar runner Mark Morris - who completed his 1,000th run in 1,000 days in aid of Lindsey Lodge this month! In total Mark has ran 10,013 miles over the past two and a half years. Thank you so much to Mark from everyone at Lindsey Lodge for his phenomenal support and dedication.



We've launched The Ultimate Challenge!

Set in the dramatic landscape of the Lake District, this multi discipline, adrenaline filled weekend will put both your endurance and nerves to the test. Saturday 4 - Sunday 5 September, booking costs just £60. Book [here](#)



Our reception globe raises £4,297

Thanks to the generosity of our fantastic community, our globe in reception has raised £4,297 in just one year for Lindsey Lodge!



Car boot sales at Lindsey Lodge

We're looking for traders for our car boot sales here at Lindsey Lodge! Our first car boot sale of the year will take place on Sunday 25 April. All profits from car pitch bookings go to Lindsey Lodge. Book your place [here](#)



Thank you to The Hygiene Bank North Lincolnshire

A big thank you to The Hygiene Bank North Lincolnshire and volunteer Phillipa for kindly donating a selection of lovely products for our staff and volunteers to enjoy. Phillipa said: "If you would like to find out more information about The Hygiene Bank or donate some hygiene products at one of their drop off points please visit their website <https://thehygienebank.com/>"



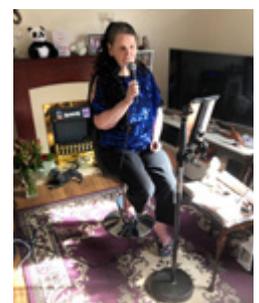
Stuart raises over £1,700

Stuart Taylor held a 24-hour gaming stream in aid of Lindsey Lodge in memory of his mother-in-law, who was cared for by the Hospice. In total, he raised a over £1,700 for Lindsey Lodge. A big thank you to Stuart for his support!



Thank you to Pattie for her singing fundraiser

We'd like to say a big hospice thank you to Pattie, who has now completed her singing fundraiser - raising an amazing £107 for Lindsey Lodge!



News

Vacancies at Lindsey Lodge

Would you like to join our team and work for Lindsey Lodge Hospice and Healthcare?

We have new vacancies for a Registered General Nurse and Housekeeping Assistant. Find out more [here](#)



Wellbeing Centre update



Despite the challenges Covid-19 presents, our Wellbeing Centre services are accessed by a minimum of 20 people per day, through a mixture of phone calls, video calls and face to face appointments. Activity in our Wellbeing Centre has risen by 52% in just six months.

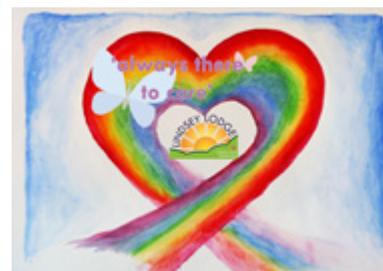
Wellbeing Centre Manager Sarah Hodge said: "We have adapted at every hurdle we've faced during the pandemic - whether it's technology, communication, resources or education, to ensure that our contact with patients remains strong throughout.

"The team have shown incredible resilience as things continue to change, as we're always willing to adapt while maintaining consistency, taking on things we wouldn't ordinarily do. Our volunteers have also been helping when needed, giving social calls to patients."

Our Wellbeing Centre team are pictured with patients in July 2019.

National Day of Reflection

Lindsey Lodge Hospice and Healthcare supported the National Day of Reflection, a national day to remember those who have died during the pandemic, show support for everyone who has been bereaved and to pay thanks & respect for the outstanding work of our colleagues right across health & social care.



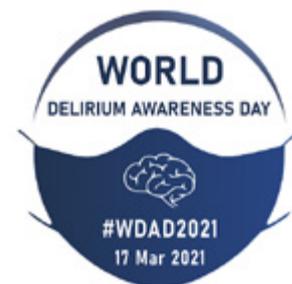
Lymphoedema Awareness Week 2021

We helped raise awareness during lymphoedema awareness week in March, as we've posted a number of helpful resources, facts and videos throughout the week. We also shared how we support our patients in our Lindsey Lodge Lymphoedema Clinic.



World Delirium Awareness Day

Wednesday 17 March was World Delirium Awareness Day. At Lindsey Lodge we recognise that palliative care patients are at risk of developing delirium, particularly during an inpatient stay. As such all our clinical staff have received training on recognition and management of delirium, using specifically designed risk assessments and care plans. Families are supported when loved ones develop delirium and our team have developed an information leaflet that explains what delirium is, what the clinical team are doing to support this and what families can do.



News

Glyn & Ruth's story

Glyn Wyld was a patient at Lindsey Lodge for over 16 years where he was supported in facing a diagnosis of three types of cancer. During that time he and wife of 42 years Ruth, became great friends and supporters of everyone at the Hospice.

In her own words, Ruth has generously agreed to share the story of his care at Lindsey Lodge and how she continues to support our services.

"Glyn was first diagnosed with cancer in 2005. He became so poorly that we weren't sure if he'd survive. It was then that Glyn first visited Lindsey Lodge as a day care patient, and straight away they supported him and the whole family.

"In 2010, his cancer came back and Glyn became severely depressed and suicidal and once again, Lindsey Lodge stepped in. The support they provided was immense, having people understand him and be able to help him meant that Glyn felt safe.

"When Glyn hit a crisis point he was encouraged to take on new hobbies and skills and arrangements were made for Glyn to try a six week Glass course.

"Glyn truly found his passion when he completed the glass course, so much so that I supported him to go to Bristol to learn how to master the craft, and we bought him his own kiln. He really blossomed and became the person that we knew before his illness, and Lindsey Lodge played a huge part in that.

"When Glyn was depressed, he couldn't talk, but the confidence he gained through his glass work saw him telling his story at groups such as the Women's Institute.

"Over the years, Glyn crafted hundreds of beautiful pieces, including jewellery, bowls, clocks, mushrooms, candle holders and Christmas ornaments.

"He decided to make and sell pieces to raise funds for Lindsey Lodge, and was very passionate and enthusiastic when it came to fundraising. He became a regular supporter at Hospice open days, art exhibitions and Christmas fairs.

"Glyn continued attending Lindsey Lodge's Wellbeing services on and off over the years as and when he needed to, but sadly, in 2019 he became unwell with a new type of cancer.

"While he was poorly in hospital he was adamant that he would have one last Christmas with his family, and that's when Lindsey Lodge stepped in. They arranged for Glyn to be transferred to the Hospice, then made sure that he was able to go home for Christmas.

"We got Christmas Eve, Christmas Day and Boxing Day together as a family at home - and that was the biggest gift they could've ever given us.

"Glyn passed away at Lindsey Lodge on 10 January 2020.

"From the first day Glyn arrived as a day care patient, to the day he passed away, they cared for us. The team at Lindsey Lodge made the hardest part of our lives bearable, they made us all feel safe and secure.

"The staff felt like extended family, and we all felt so loved. It really did become a home from home.

"After Glyn passed away, I decided to learn how to do glass work to carry on his legacy.

"Lindsey Lodge published a post on social media asking supporters if they could provide pairs of handmade hearts, one to give to patients and one to give to their families, as visiting is restricted due to Covid-19.

"As soon as I saw the post, I got to work and created over 30 pairs of glass hearts for Lindsey Lodge.

"I just know Glyn would've done the same, and really hope these hearts will allow people to experience contact and support; they'll be able to hold the hearts and think of each other.

"Lindsey Lodge gave us so much care and comfort, and I'm so proud to have been able to make these hearts for other patients and their families, and I know Glyn would be so proud too."



Retail Update

Looking forward to re-opening

We re-opened our Retail Donation and Distribution Centre on Monday 22 March 2021 and brought our eBay site back online. We're looking forward to welcoming back our remaining retail staff next week as we prepare our shops for re-opening on 12 April!



Where to find us when we re-open

Ashby

289/291 Ashby High Street
Scunthorpe

Bookshop

288 Ashby High Street
Scunthorpe

Barton-Upon-Humber

2 Chapel Lane
Barton

Lindsey's Gainsborough

27 Market Street

Lindsey's Home and Gifts

Lindsey Lodge Hospice
Scunthorpe

Lindsey's pre-loved fashion & gifts, featuring The Wedding Loft

126 High Street
Scunthorpe

Lindsey's Pre-loved Fashion & Gifts Epworth

Market Place
Epworth

Lindsey's Thorne

22 The Green
Thorne

Lindsey's Pre-loved Fashion Boutique

14 High Street
Messingham

Lindsey's Vintage and Collectables in Barton

12 George Street
Barton

Lindsey's at Home

8 Laneham Street
Scunthorpe

Shop online

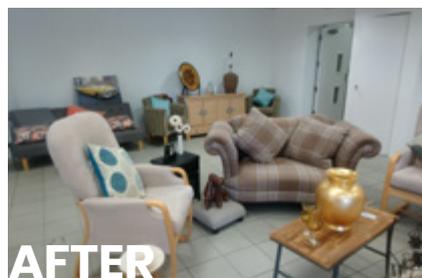
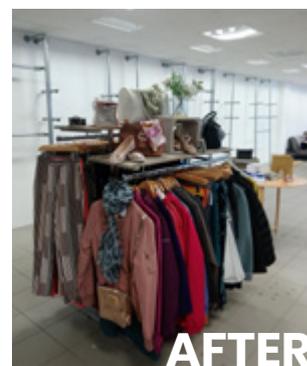
Once our shops have re-opened, be sure to also check out our eBay page [here](#) and follow us on Instagram [here](#) for our top pre-loved fashion picks.



Our Barton shop is moving

We're excited to announce that our Barton shop is moving... around the corner! You'll be able to find us at 2 Chapel Lane (the old Heron Foods building), and we've been busy decorating and preparing stock for merchandising ready for the opening. Take a look at our before and after progress photos to see what we've been busy with.

Our original Barton shop will be holding a closing down sale, so please pop by when we re-open to grab a bargain!



Your Opinion Counts...

If you'd like to share your experience with us, please contact us on llh.enquiries@nhs.net, leave a personal message on our social media channels, or phone Jenny Baynham or Lizzie Orwin on 01724 270835.



We thought we'd share a few more with you, so you can see—your opinion really does make all the difference to everyone at Lindsey Lodge! Here are some more examples of what you've said...

My dad's last days were in Lindsey Lodge & he was happier and more comfortable than he had been for weeks. Big thankyou
xxx

Amazing place and people so special. My dear dad passed away in their inpatient centre June 2019, it was a surreal heartbreaking time, my sister and I felt as if we were in a cosy bubble, our every need and that of our dad was considered and caringly dealt with. We couldn't alter the outcome, and for anyone who has lived through watching a loved one pass away will understand, you are never ready, however many hours or days you wait, it's so difficult. However the doctors and nurses and everyone made us feel safe, and cared about. I cannot thank Lindsey Lodge Hospice enough. X

My dad passed away on 26 January 2021 at Lindsey Lodge Hospice, he was only there 8 days but the care he received in those days was amazing. The staff were so kind and caring and new my dad was receiving the best possible care. They have been so supportive even after he died they have continued to keep in touch to see if we are OK and to let us know they are their if we need support. Fantastic team of staff. I am so grateful and appreciative for all that they have done for us as a family. Xxx

The whole team are amazing. My dad passed away 11 years ago and the care they gave him and us as a family was brilliant. Thank you xx

Upcoming fundraising activities

WING WALK

Take to the skies and wing walk on a vintage Stearman aircraft and fly high over the Lincolnshire countryside

Sunday 13 June
Registration £50pp
Suggested minimum sponsorship £650



SKY DIVE

Tandem skydive from 15,000 ft
Saturday 8 May - **sold out**
Saturday 29 May - **sold out**
Saturday 26 June
Sunday 15 August
Saturday 25 September
Registration £50pp
Suggested minimum sponsorship £300



YORKSHIRE

Complete the 26 mile walking challenge taking on the peaks of Pen-Y-Ghent, Whernside and Ingleborough

Saturday 15 May
Registration £20pp
Suggested minimum sponsorship £250



THREE PEAKS

ULTIMATE

This multi discipline, adrenaline filled weekend will put both your endurance and nerves to the test.

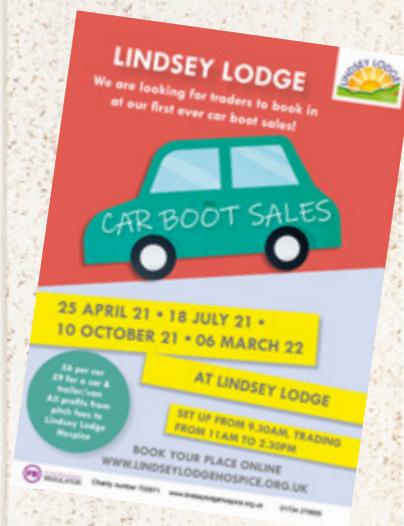
Saturday 4 & Sunday 5 September
Registration £60pp
Suggested minimum sponsorship £240



CHALLENGE

On signing up you'll receive a welcome pack with information about your challenge, a sponsor form and a link to our challenges Just Giving page, with a guide on how to set this up.

ALL CHALLENGES ARE AVAILABLE TO BOOK [HERE](#)



Car Boot Sales

At Lindsey Lodge

We're looking for traders at our 2021 car boot sales! £6 per car (+£3 for trailers or vans). Get rid of your bits and bobs and support a fantastic local cause at the same time. Find out more [here](#)



Glow Walk

10 September 2021

This year the theme is neon and we're hoping people will help us to light up the night sky in aid of Lindsey Lodge! Find out more and book [here](#)