



Respite Care

*At Lindsey Lodge
Hospice and Healthcare*

Always there to care

Lindsey Lodge Hospice and Healthcare
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What is Respite

A break from caring can enhance carers physical and emotional wellbeing, enabling them to continue to support the person with care needs in the community, which can delay admission to long-term care. Supporting carers to take a break also enables them to have time to themselves and to have a life of their own alongside the caring role.

Respite is not intended to be used where you have a deterioration in your symptoms. In this case you may need to make an appointment with your GP or be referred to our Inpatient Unit.





Who is able to book a respite bed?

Anyone with a progressive life-limiting condition and is 18 years or over who would be eligible to receive services from Lindsey Lodge Hospice. You don't need to be accessing our services already.

The person referred must be in a stable condition prior to admission. If the person's condition is unstable, requiring an in-patient stay for symptom control or end-of-life care, the person must be referred to the IPU via a healthcare professional.

Patients not usually eligible for respite care at the hospice:

- Patients who already have a placement in long-term care, or who are awaiting a long-term placement.
- Those requiring specialist dementia care.
- Patients requiring 1 to 1 care at all times.
- Medically unstable patients.

Making a referral

Referrals may be received from any health professional involved in the care of the patient being referred (typically, Specialist Palliative Care teams in the hospital or community, community matron, district nurses, and GPs). Family members may also make enquiries for admission for their loved ones. This can be done by telephone, email or in person.

A home visit may be required prior to a decision being made if the patient has complex needs. This will be undertaken by a senior healthcare professional. This may include the Operational Matron, Inpatient unit manager or Advanced Care Practitioner.

A respite bed will be offered to the patient if referral criteria is met and there is availability.

Respite admissions can be booked to commence any day of the week Monday to Friday. In exceptional circumstances, Saturday or Sunday may be considered.

Respite can be booked for between one and fourteen days per episode of care.

If a patient is in receipt of Social Services or Continuing Health Care funding the referrer must seek prior approval to fund the respite care at the Hospice.

The referrer will be contacted via telephone approximately 1 week prior to the admission date to check that their circumstances have not changed. If there is any change in circumstance that might affect the respite dates, this should be discussed with the hospice clinical team prior to admission. Emergency escalation plans will be confirmed at this time.

Admission

The patient / carer will arrange their own transport to bring the patient to the hospice wherever possible. Transport can be arranged by the Hospice if the patient has mobility difficulties.

Admission for respite will be early afternoon to ensure the room has been cleaned and is ready to be occupied.

Discharge from respite will be planned for 10am.

A full orientation of the Hospice will be provided for carers to include visiting hours. The patient must bring his/her own medicines, ensuring they have enough for the duration of their stay. The medicines must be in their original packaging and correctly labelled. Any equipment the patient uses should be brought in also.

The patient will be enabled to access all hospice facilities such as: Wellbeing Centre, activity programmes, complimentary therapies, dining experiences, family areas and external areas.

There will be no routine medical assessment or review during the respite stay. However If the care needs of the patient change during their respite stay a medical/ACP review will be undertaken.

Emergency Respite

We are aware there may be times a carer finds they are struggling but don't have any booked respite. Subject to the availability of the respite bed, we may be able to offer Emergency Respite.



Funding

The cost of the respite bed is **£120** a night. This includes all care and meals.

There are several ways respite can be funded:

- Self-funding
- Social Services: If you are in receipt of funding from social services for your care, they may fund your respite care
- Continuing Healthcare: If you are in receipt of funding from Continuing Healthcare for your care, they may fund your respite care



Please ask if you would like to receive this information in other formats, or languages as they can be made available.

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