

HOSPICE NEWS



September 2019



LIGHT UP A LIFE

2019

**We've launched our Light up a Life
campaign, full details inside**

Welcome from the Chief Executive

It's hard to believe that we're already at the end of September!

Dare I say it - our plans for Christmas are in full swing! We've launched our Elf Yourself Run and our Light up a Life campaigns, which will both be even bigger and better this year.

Here's a round up of everything that's been happening here at the Hospice - we hope you enjoy reading!

Best wishes,

Karen Griffiths



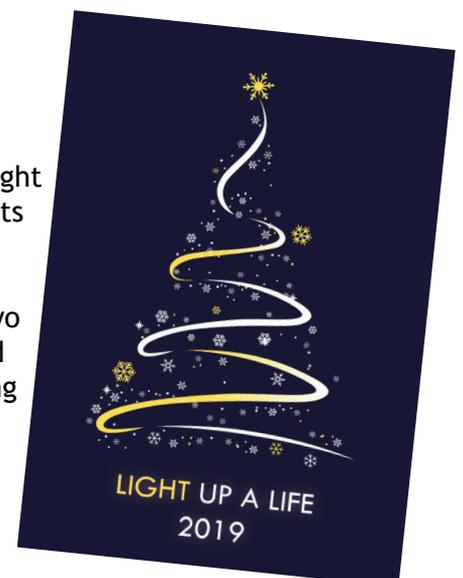
Light up a Life 2019 plans revealed

We're inviting people across North Lincolnshire to Light up a Life and remember a lost loved one.

Our Light up a Life campaign is open to anyone, not just people whose loved one was cared for by the Hospice, who would like to dedicate a light and see it shining bright on our Light up a Life tree. Each light represents a life, and will remain lit throughout the Christmas period.

Once you have dedicated your light, we will send you two cards with two tree decorations. Please use one to write a dedication on for your loved one, to bring along to our Light up a Life ceremony if you wish, and hang on our tree, and one for you to decorate your tree at home. The name of your loved one will also be placed in our Book of Dedication, which will be available to view at our Light up a Life services and over the Christmas period.

All of Lindsey Lodge's care is provided free of charge, but it is not free of cost. Your donation will help to provide our vital specialist palliative care services over the Christmas period. Find out more about our Light up a Life services and make a dedication [here](#)



News

Daybreak service is launched

We've launched a brand new respite day care service to give carers a much needed day off.



Daybreak
Respite Day Care at Lindsey Lodge

Lindsey Lodge's Daybreak Service will care for your loved one in a safe, warm and welcoming environment, while you take a little break from your usual routine.

Our Daybreak Service operates every Monday, between 10am and 3pm, offering personalised care for North Lincolnshire adults who are unable to be left alone for long periods of time.

Staffed by a mixture of clinical staff and volunteer 'buddies', service users are invited to stay for the whole day, or places are bookable by the hour.

Please call us on 01724 270835, or email lh.enquiries@nhs.net for further information, or to make a booking.

Lindsey Lodge Hospice's Daybreak Service operates from its Wellbeing Centre every Monday, between 10am and 3pm, offering personalised, non-medical care for North Lincolnshire adults who are unable to be left alone for long periods of time. More [here](#)

Teddy Bears' Picnic raises over £500

Lots of tiny tots brought their teddy bears along and supported our Teddy Bears' Picnic, raising over £500. A special thanks to @rockempemdiscos for providing fantastic entertainment at the event.



Polytunnel produce

Our polytunnel continues to bloom! Wellbeing patient Keith has grown lettuces, courgettes and baby cucumbers, which have been put to use in our kitchen here at the hospice.



Captaincy year at Ashby Decoy raises £2,134.25

A huge thank you to Doris and Graham for their amazing contribution to Lindsey Lodge Hospice during their Captaincy year at Ashby Decoy Golf Club, raising an incredible £2,134.25.



Football shirt auction raises £405

Local teacher and Lindsey Lodge Fundraiser of the Year 2018 Ryan Oates raised an incredible £405 for Lindsey Lodge with his football shirt auction. More [here](#)



NCS groups raise over £1,200

Well done to all of the fantastic NCS groups who have fundraised for the hospice this summer. Sparmy Army raised £517, Group Six raised £226 and an NCS team of fundraisers led by Shannon Houghton raised £506 for Lindsey Lodge.



Hockey club raise funds for Lindsey Lodge

Lindsey Lodge has been given a £652 boost thanks Brigg Hockey Club, who chose to raise funds for the hospice in memory of Rachel Dawson, whose husband Mark is a former player at the Club. A huge thank you to all of the players and everyone involved. More [here](#)



We've launched a sub-zero Polar challenge!

We're offering adrenaline junkies the trip of a lifetime in our first international charity challenge. From Friday 13 to Sunday 15 March 2020, we're inviting individuals and teams to survive two nights and three days in the extreme conditions of the Arctic Circle. Spaces are limited and booking fast, more [here](#) #LLHPolar2020



POLAR CHALLENGE 2020
FRIDAY 13 MARCH – SUNDAY 15 MARCH 2020

Are you up to the challenge of learning to survive two nights and three days in the extreme conditions of the Arctic Circle in our first ever international challenge?

For just a £410 per person entry fee (including flights) we'll give you the experience of a lifetime, all you have to do is covered by a minimum sponsorship of £500. We are working in partnership with experts in Polar expeditions to provide you with this unique opportunity.

But hurry places are limited, a £50 per person deposit is all that is required to secure your place. Book now at www.lindseylodgehospice.org.uk

This expedition is being led by experienced tour operators, Exped Adventures. For full health see overleaf.

REG00220204 Charity number 702871 www.lindseylodgehospice.org.uk 01724 270835

News

'Ladies Night In' boosts hospice funds

We'd like to say a big thank you to Shirley Chafer-Derrick and Sheila Dixon who hosted a ladies night in which raised £325 for Lindsey Lodge Hospice!



Congratulations to our latest lottery winner

Congratulations to our latest £1,000 Lottery Winner Deputy Mayor of North Lincolnshire Cllr Peter Clark! Peter has been playing the lottery since 2014 and tells us he plans to invest his prize in premium bonds. More [here](#)



Glorious gardens raise thousands for hospice

Hundreds of garden lovers have enjoyed a spectacular summer visiting some of the region's most glorious private gardens, raising over £9,718 for the hospice. Over 50 gardens opened to the public as part of the charity-run Hospice's Open Gardens programme, which has raised over £101,000 since it began over 11 years ago. More [here](#)



Tickets are now on sale for our Vintage Spectacular

We're urging people with a passion for the past to buy tickets early for our annual Vintage Extravaganza Evening Dance, to avoid disappointment.



The ticket-only charity event will feature vintage DJ entertainers Major Swing and Kitty and vintage and jazz songstress Natasha Harper, along with supper at Redbourn Club, Scunthorpe on Saturday 26 October. More [here](#)

Have you got tickets for our Winter Ball?

Join us for a glittering evening at the Baths Hall for the second Lindsey Lodge Winter Ball on Friday 29 November 2019. Tables of 8, 10 or 12 are available and tickets are just £45 per person, or you can upgrade and book for £65 and we'll provide a bottle of house wine/fizz of your choice ready and chilled on your table ready and waiting for you! Book [here](#)



Day Lewis Pharmacy donate equipment

Thank you to Day Lewis Pharmacy who have very kindly donated a huge selection of equipment for our patients to use here at the Hospice. From wrist supports to easy eating kits, there is a broad range of products worth over £1,000 that have been donated! More [here](#)



Super cyclist Val raises funds for Lindsey Lodge

A massive thank you to keen cyclist Val Taylor who has completed the Prudential RideLondon 46, raising over £308 for Lindsey Lodge Hospice. More [here](#)



Annual football match raises £950

A huge footy thank you from everyone at Lindsey Lodge to Showmans Sports Bar and Mulligans Sports Bar for raising £950 for the hospice with their football match. They raised a fantastic £1,900 which was split between Lindsey Lodge Hospice and SoBS.



News

Our lottery players have funded one nurse

We launched our 'Play the game; provide a nurse' lottery campaign in April with the aim to fund the equivalent of four nurses for a year. We're extremely happy to say that we have already funded one nurse! A big thank you to everyone who has already signed up. Will you be one of the new players to help fund our second nurse? More [here](#)

Winterton runners raise £769

A huge thank you to Winterton Running Club who chose Lindsey Lodge as their charity for the 10 mile run which took place at Winterton Show, raising £769 for the hospice. More [here](#)



Lindsey Lodge set to mark Hospice Care Week

We are urging local people to find out 'what it takes' to provide hospice services during Hospice Care Week (7 to 13 October). We're marking this special week by inviting people to two-drop in sessions at its Open Day on Tuesday 8 October to chat with members of the Lindsey Lodge team and learn more about its 24 hour Inpatient Service, Wellbeing Services, Bereavement Support and recently launched respite care and support services. More [here](#)



Golfers boost hospice funds

Our Lindsey Lodge Golf Day 2019 raised £3,330! Thanks to DoubleTree by Hilton Forest Pines Spa & Golf Resort for the fantastic facilities and excellent hospitality all day long and our sponsors Textron Aviation for their wonderful support.



Could you be a fundraising champion?

We're looking for Fundraising Volunteer Champions! We have lots of fundraising volunteer opportunities here at Lindsey Lodge Hospice, to find out more please get in touch with our fundraising team on 01724 270835 or email llh.enquiries@nhs.net



The Mighty Burgage Band pop in

What a wonderful musical treat our Wellbeing patients had thanks to the Mighty Burgage Band from Winteringham for coming along and entertaining us - it was fantastic!



Thank you to Tamara

We'd like to say a big thank you to Tamara Richards who has raised an incredible £550 for Lindsey Lodge Hospice in memory of her dad, Simon Lewis, who sadly passed away here in April. She raised the money with an open house and raffle.



Deborah braved the shave

Deborah Lloyd braved the shave last month and raised a hair raising £950 for Lindsey Lodge Hospice!



News

Easy Fundraising - how does it work?

Easyfundraising turns your everyday online shopping into free donations for your favourite cause. How? Just start your online shopping first at easyfundraising, then shop as normal. Our retailers will then make a small donation to say "thank you".

Our supporters have already raised over £1,500 for Lindsey Lodge Hospice every time they shop online. We want to raise as much as possible so please sign up and help us [here](#) You can also check out a video for more information [here](#)



Unlimited
£5 bonus donations

We'll give Lindsey Lodge Hospice a **£5 bonus donation*** for every supporter you successfully refer to easyfundraising. There's no limit to the number of people you can refer, so this is a great chance to raise a LOT of money for your cause. Share your ready-made message below to sign up new supporters with your unique cause link.

Our Summer Superdraw winners

Congratulations to our three Summer Superdraw winners! Winning first prize of £1,500 was Mr and Mrs Bayram from Barrow, second prize of £300 went to Mrs J Grout from Scunthorpe and third prize of £100 went to Mr Steve Ball from Scunthorpe.



Messingham fashion show boosts funds

Thank you to all of the wonderful models, organisers and supporters of the Messingham supporter group fashion show, which raised an incredible £867!



Vintage tractor boosts hospice funds

The sixth annual Isle of Axholme Vintage Tractor Run in aid of Lindsey Lodge Hospice raised an incredible £2,685 with a total of 67 tractors both old and new taking part in the 34 mile round trip.



Great Glencoe challenge raises £830

Well done and a massive thank you to Jacky Shelley who recently completed the Great Glencoe Challenge in Scotland, raising a fantastic £830 for Lindsey Lodge Hospice in memory of her sister, Karen Grimoldby. More [here](#)



Wellbeing Centre patient celebrates diamond wedding anniversary

We'd like to say a huge congratulations to Wellbeing patient Rena and her husband Peter who recently celebrated their diamond wedding anniversary. The couple are pictured with Wellbeing Centre manager, Sarah and volunteer Ruth, who arranged the lovely bouquet of flowers.



Got a story to share?

If you have any news that you would like to contribute to team talk, please contact Jenny Baynham or Lizzie Orwin.



News

Well done to our daredevil fundraisers!

Well done to all of our skydivers, wing walkers and Great North Runners for completing their fundraising challenges! Watch this space to find how much they have raised.



Schools get on board for Lindsey Lodge

Representatives from 10 local schools and organisations recently came along to hear how they could get involved in supporting Lindsey Lodge Hospice!

We're holding another similar evening on Thursday 10 October between 4pm and 5pm, so if you'd like to join us please email llh.enquiries@nhs.net or phone the Fundraising Team on 01724 270835.



Ensure the future of our Hospice and leave a lasting legacy

Lindsey Lodge Hospice's services are free at the point of use - but they are not free of cost. Our operating costs this year will be around £3.5 million and around 80% of this is generated by donations, fundraising and our retail activities - along with legacies left by our supporters.

After you've looked after those closest to you, it's amazing how much difference a small percentage can make.

Gifts left in a will are so valuable, as people often find they can give more to the Hospice through their will than would be possible during their lifetime and provide a lasting legacy, which will support future North Lincolnshire patients and their families who are in need of our specialist palliative care.

Approximately 30% of our funding comes from gifts left in our supporters' wills, which helps us ensure we have the long-term funding we need to continue to care for and support people when they need us most.

Some people choose to make a straight cash gift; others leave a percentage of their estate; doing so is relatively straightforward, even if you have a will in place already. We have excellent relationships with local solicitors and are here to help and can provide you with all the information you need to arrange a gift.

If you have any queries, or would like to speak to someone, please contact our Fundraising Team by phoning 01724 270835, or email llh.enquiries@nhs.net



Leave a lasting legacy and support Lindsey Lodge Hospice

Retail News

Our Crowle shop is now open

We're delighted to have opened our first shop in Crowle. Lindsey's Pre-loved Fashion and Gift Shop at 11 High Street, Crowle on Monday 16 September. We've received fantastic feedback from customers and other local businesses. A big thank you and well done to everyone involved.



The shop is run by a member of the Lindsey Lodge Hospice retail team, who is supported by volunteers. It is open Monday to Saturday, between 9am and 4.30pm and offers a range of high-end fashion for both men and women, along with a range of modern gift and homeware accessories. The team are also be happy to receive donations at the Crowle centre store.



Thorne and Barton shops

We have exciting plans to open a new shop in Thorne and a second shop in Barton over the coming weeks... watch this space for more information coming soon.

New Retail Distribution and Donation Centre

Our warehouse has now moved! We now have a new Retail Distribution and Donation Centre located at 34a Crosby Road, Scunthorpe, DN15 6SF. The phone number has changed and is now 01724 848769. The Retail and Distribution Centre is open Monday to Friday 8am until 4pm and can receive donations between 9am and 3pm.

New Retail Distribution & Donation Centre

From 9 September we will move our warehouse to have a new Retail Distribution & Donation Centre with a new phone number, post address and email address:

RETAIL DISTRIBUTION & DONATION CENTRE

34a Crosby Road
Scunthorpe
North Lincolnshire
DN15 6SF
Tel: (01724) 848769
Email: llh.warehouse@nhs.net



We're looking for Elves!



LINDSEY LODGE HOSPICE

ELF YOURSELF RUN 2019
AT NORMANBY HALL COUNTRY PARK

£10 PER PERSON PLUS ADMIN

SUNDAY 22 DECEMBER 2019

Join us on our 3K Elf Yourself Run, your mission will be to help Santa get all his presents back to his sleigh, as well as picking up some special clues along the way!

1PM START
Waves will set off every 10 minutes, select your wave when booking

Book online: www.curlysatlhetes.co.uk

ELF COSTUMES INCLUDED!

RUDOLPH'S REVENGE 10K FESTIVE RUN

FR FUNDRAISING REGULATOR Charity number 702871 www.lindseylodgehospice.org.uk 01724 270835

Elf Yourself Run and Rudolph's Revenge

We're working in partnership with one of the area's most successful athletic events management organisations to offer a festive treat to families and runners at Normanby Park.

Lindsey Lodge Hospice has teamed up with Curly's Athletes to bring its second family-focused Elf 3K Yourself Run on Sunday 22 December, which will be followed by a 10K head torch trail run in the dark called Rudolph's Revenge for more serious athletes.

Entry to the Elf Yourself Run costs £10 per person plus admin, which includes all day parking at Normanby Park. The route is accessible to pushchairs and wheelchairs. People will complete the course in waves of 50, with the first wave setting off at 1pm. All of the proceeds raised from this event will go to Lindsey Lodge Hospice.

Find out more about Elf Yourself Run and Rudolph's Revenge and book online [here](http://www.curlysatlhetes.co.uk)

CURLY'S ATHLETES

RUDOLPH'S REVENGE
SUNDAY 22 DECEMBER 2019
10K NIGHT TIME TRAIL RUN

DON'T FEAR THE DEER!

AT NORMANBY HALL COUNTRY PARK

10K

£18.50 TO £20.50 PLUS ADMIN

4PM START
Compulsory kit: Head torch (ages 15 plus only)

Book online: www.curlysatlhetes.co.uk

ELF YOURSELF RUN 3K FAMILY FUN

www.facebook.com/curlysatlhetes www.curlysatlhetes.co.uk

Not taking part but want to get involved?

We're not just looking for elves, we need lots of festive volunteers to help on the day at Elf Yourself Run and Rudolph's Revenge. If you'd like to get involved, please contact the fundraising team on 01724 270835

Clive's story



Every day we ask our patients to tell us what they think of our services and Clive did just that! This month we share his feedback in full...

Keen fisherman and retired Senior Project Engineer (81) Clive Boulton was diagnosed with prostate cancer in June 2018.

Just six months later, Clive's right leg became extremely swollen and sore. After undergoing scans to rule out blood clots it was found that the cancer had spread to his lymph nodes.

"My leg became so swollen and painful that I could only just get my right trouser leg over it. I had real difficulty moving around. I've always been a keen sportsman and very active so I was so fed up and frustrated with the situation.

"It was thanks to a visit from my former next door neighbour Julie that I found a solution.

"She works at Lindsey Lodge Hospice and told me about their Lymphoedema Clinic, and suggested I give them a call, which I did.

"I spoke to Liz in the Therapies Team, who told me I'd need to get a referral from my GP, which she sent straight through and it was literally sorted overnight!

"Within just a few days I received an appointment with the Hospice's Physiotherapist Matthew. He explained all about the Wellbeing Service and the Lymphoedema care they could offer me.

"I started with gentle massage in the first week, and then went every week - sometimes twice a week. My wife Ronwyn came with me to the appointments and learned how to massage my leg to support me at home. They also gave me a stocking to wear, and the swelling and pain in my leg began to reduce, which meant that walking started to get easier - it was remarkable how quickly it started to improve!

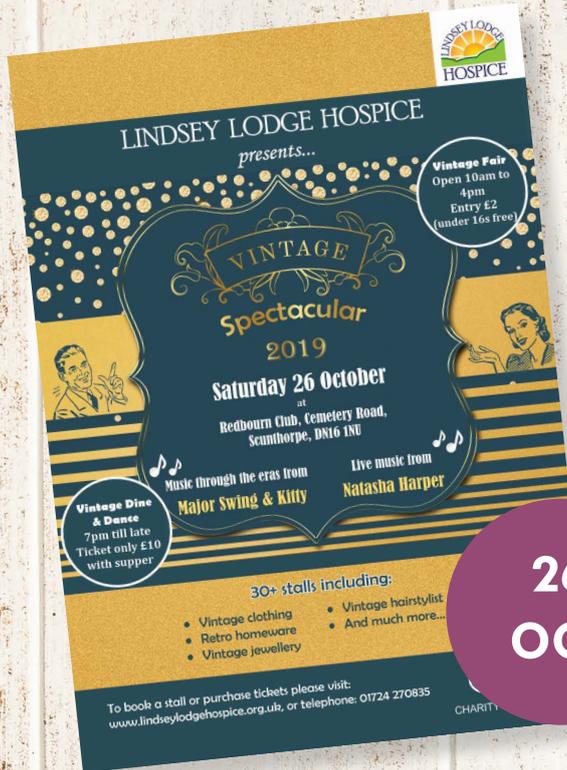
"When you hear the word 'hospice' you think of people dying. I had no idea that Lindsey Lodge provided this kind of care and support for people like me. The team there are so friendly and put me at ease straight away and always keep me up to date with how I'm progressing.

"I'd recommend their service to anyone suffering like I was. After just two months my leg is so much better. I'm now able to cut my lawn and have been able to go back to coaching children at fishing lessons. I've recently had a new stocking as my swelling has reduced so much, and I'm even thinking of getting out my treadmill at home.

"I would like to thank the team for giving me my life back. Before I first came in May I was becoming depressed because no one seemed interested in my swollen leg, only the cancer. The treatment and care has been great thank you all so much!"



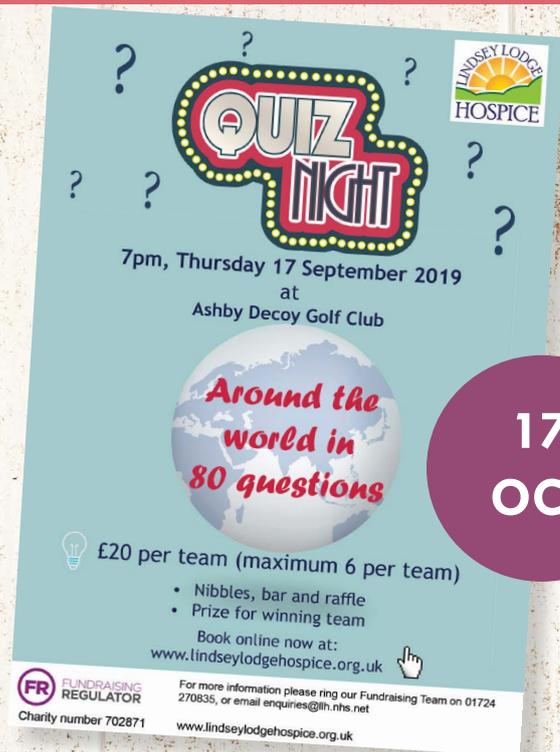
Upcoming Events



26
OCT

Vintage Spectacular, Saturday 26 October

Love all things vintage? Join us on Saturday 26 October at Redbourn Club for our Vintage Spectacular 2019! Find out more [here](#)



17
OCT

Around the world in 80 questions quiz, Thursday 17 October

Join us at Ashby Decoy for our 'Around the World in 80 Questions Quiz' on 17 October. £20 for a team of six, book [here](#)



23
NOV

Christmas Fair, Saturday 23 November

Enjoy a whole host of craft and gift stalls to help you get your Christmas shopping started, as well as lots of fun activities and entertainment at our Christmas Fair at John Leggott, 11am until 3pm.



29
NOV

Lindsey Lodge Winter Ball, Friday 29 November

Join us for a glittering evening at the Baths Hall for the second Lindsey Lodge Winter Ball on Friday 29 November 2019. Find out more and book [here](#)