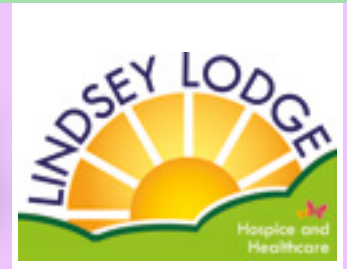


HOSPICE NEWS



🥚 Spring Edition 2022 🥚

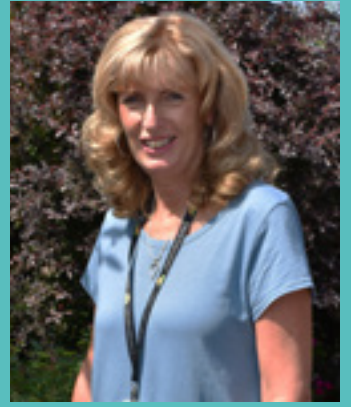
CHEERS!
FOR **30**
YEARS



Celebrating 30 years of Lindsey Lodge
#CheersFor30Years

Welcome...

from the Chief Executive



Happy Easter Everyone!

Wishing all staff, volunteers, patients and families a very happy Easter and hoping there is some time off for you all over the bank holiday to spend with family and friends - most importantly I hope you all enjoy the chocolate and some sunshine that will hopefully will surround us!

It's been a busy month with so much happening, it's hard to keep abreast of it all and this month's Hospice News is very informative.

I am hoping you all keep the diary date of Saturday 18 June free, and are able to come together to celebrate our 30th Birthday - we have planned a fantastic party on our hospice land, please share the date with those you may know who would wish to join us.

Have a great bank holiday weekend

Best wishes,

Karen Griffiths



We're celebrating 30 years of care #CheersFor30Years

Lindsey Lodge Hospice & Healthcare is planning a whole host of activities and events to mark its three-decade milestone, and is inviting supporters of all ages to join in with the celebrations, which coincide with its biggest expansion project in over 20 years.

Lindsey Lodge Chief Executive Karen Griffiths said: "After five years of fundraising by the local community, our day care centre, now known as the Wellbeing Centre, was opened in 1992 by The Duchess of Norfolk.

"Ten years later, in 2002, Her Majesty the Queen and Prince Philip cut the ribbon on our 10-bed Inpatient Unit. Here in 2022, we're delighted to be opening six brand new beds, as well as piloting a 24/7 palliative care advice line, called 'The Butterfly Line', which really demonstrates how we've responded to the growing need for our specialist services over the years."

The Burringham Road-based charity has launched a 'Cheers for 30 years!' campaign, with an ambitious £300k target, which aims to encourage local people to get involved with the birthday celebrations and help raise the much needed funds required to run its services. To provide some inspiration, its Fundraising Team have published a '30 ways to support Lindsey Lodge guide' on its website and social media channels.

Karen added: "We hope people will get behind the 'Cheers for 30 years!' fundraising campaign, which will help to ensure we continue to develop and expand our services not just now, but for the next 30 years, and establish Lindsey Lodge as a specialist end of life provider across North Lincolnshire." More [here](#)

BIG BIRTHDAY BASH SATURDAY 18 JUNE

Join us at our Big Birthday Bash to celebrate 30 Years of Lindsey Lodge!

Lindsey Lodge has been providing specialist end of life care and support to local patients and their families since opening in 1992. We are taking a day out this Summer to celebrate this huge milestone so come and enjoy the ultimate day out at our family friendly festival.

Have a spin on the fairground rides, enter your beloved furry friend in the dog show, listen to some live music and enjoy some delicious food. You can also come and join us in the beer tent to sample our exclusive Lindsey Lodge Special Blend 'Cheers for 30 Years' ale! Tickets [here](#)



GLOW WALK FRIDAY 9 SEPTEMBER

We're inviting walkers to get up and glow on Friday 9 September as part of our 30th birthday celebrations.

The Glow Walk is part of a number of fundraising events to support Lindsey Lodge's 'Cheers for 30 years!' campaign, which has an ambitious £300k target, and aims to encourage local people to get involved with the birthday celebrations and help raise the much needed funds required to run its services. As well as pre-event live music and a fun warm up, glow walkers are encouraged to literally light up the night with their outfits and accessories.

Book [here](#)



30 WAYS TO GET INVOLVED



1. Big Birthday Bash
2. Donate
3. Lottery
4. Book a talk with fundraising team
5. Moonlight Masquerade Ball
6. Retail – spend £30
7. Retail – Donate pre loved items
8. Meet & Eat
9. Buy merchandise
10. Become a regular giver
11. Raise £30 to become a Hospice Hero
12. Host your own birthday bash
13. Leave a legacy
14. Celebrate a milestone with donations
15. Request a hamper
16. Become a sponsor
17. Take on a challenge
18. Face your fears
19. Become a Business Club member
20. Host a collection tin
21. Join us at St Hughs for a celebration
22. Exhibition – take a look back through archives
23. Become a charity partner
24. Share a memory of Lindsey Lodge
25. Follow us on social media
26. Register for Glow Walk 2022
27. Sign up to one of our car boot sales
28. Volunteer your time
29. Remember Me Garden
30. Superdraw

News

Exciting staff training and development news

Training and education are a key factor in the provision of safe, effective and excellent palliative and supportive care. We recognise that education and training are a pivotal element to understanding the impact of a life limiting illness on patients and their families.

Over the past few weeks we have had some exciting developments for some members of our team, which demonstrate our ongoing commitment to provide learning and development for Lindsey Lodge professionals caring for patients and families with a palliative care need...



Sarah Hodge set to take up research doctorate

Congratulations to Lindsey Lodge Advanced Care Practitioner Sarah Hodge, who is set to take up a research doctorate hosted at Hull University/Hull and York Medical School!

The overall aim is to embed exercise and activity into cancer chemo-radiotherapy pathways at a national level. As we are aware, exercise brings numerous proven health benefits to people living with and beyond cancer.

Recently, pre-clinical and clinical studies have shown that exercise during chemo-radiotherapy treatment cycles has the potential to improve a person's response to treatment and as well as helping to reduce (and often eradicate) the toxic side effects associated with such treatments (these nuggets of information from these trials were actually one of the main drivers for us developing our own enablement gym at the Hospice!)

Sarah's PhD involves working with a number of professionals (clinical, exercise science and biochemistry professionals) to develop an exercise and activity model that can be initially embedded within the oesophagogastric and colorectal cancer pathways and prove that this model will potentially improve a person's response to chemo-radiotherapy treatments.

One of the specific aspects Sarah will be exploring, which her final thesis will cover will be around the barriers and levers to embedding exercises within cancer care pathway and to inform what is best practice and to subsequently develop best practice implementation guidelines.

Sarah said: "The PhD will take 5 years as I will be completing it part-time and it will be fully funded via the scholarship I have been awarded.

"It will be great for Lindsey Lodge as the site will become part of this research."

She added: "As well as the core PhD subject, I will also receive a formal qualification in research. This means I will be able to complete independent research for the rest of my career, which I hope will open up many opportunities for Lindsey Lodge as an organisation in terms of being a hub of education and having its name to a number of initiatives and potentially pioneering research that will have a significant impact for patients and their families for years to come."

Sophie to start studies for ACP role

We have been successful in our submission for another Advanced

Care Practitioner (ACP) at Lindsey Lodge via Humber and North Yorkshire Health and Care Partnership Faculty of Advanced Practice. This means that Sophie Clifford will take up this level 7 apprenticeship role in September at the University of Hull over a three year period. Congratulations to Sophie!



We currently have two ACPs in post and as Karen Parkes will retire in May returning to us in August on a part time basis, this apprenticeship will support ACP succession planning in the organisation. The ACPs are key to leading on our six new nurse/led therapy beds when the building work completes. Next month in Team Talk we will provide a feature on the ACP role and the important changes it provides at Lindsey Lodge.

News

Polar participants conquer challenge

They did it! Our incredible Polar participants completed their trek in the Arctic and experienced the magic of the Northern Lights. Well done to them all, they've done an amazing job and together raised over £9,000! A big thank you to Links Plant and Equipment LTD and EC Surfacing LTD for sponsoring the team.



Scunthorpe Mum pounds to the pavements

Katie Field took to the pavements to run at least a mile every single day in 2021, and raised £1,517 for the North Lincolnshire charity that provided care for her family. Read the full story [here](#)



Fun and crafts in our Wellbeing Centre
Our Wellbeing patients have been busy getting their craft on and playing games. From making easter bunnies from flanners and playing games outside in the sun, they have been busy with lots of activities.

Vote for Lindsey Lodge

Please vote for us to help bereaved children and young people at the following Tesco stores between 1 April and 30 June 2022:

Scunthorpe Extra, DN15 8GR

Lichfield Avenue Exp, DN17 1QL

Crowle Scunthorpe Exp, DN17 4LD

Ashby Scunthorpe Exp, DN16 2RY

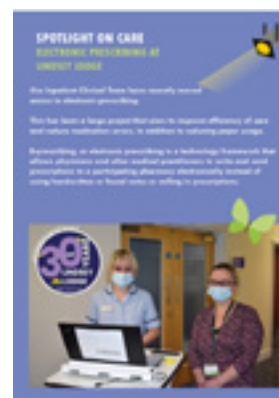
At Lindsey Lodge we know how important it is to offer bereavement Support and Counselling to Adults and now we wish to extend this service to Children and Young People. We're delighted that our application to Tesco Community Grants Scheme for a Children & Young People's Bereavement Group is being put forward to a customer vote in Tesco stores. Full details [here](#)



Spotlight on our services

We're saying

#cheersfor30years here at Lindsey Lodge and shining the spotlight on the most recent developments in our care and services. We've been celebrating 30 years of care and sharing how we are supporting our patients and their families in 2022. From Electronic Prescribing, our BEEP Programme, Advanced Assistants, Inpatient Unit and Complementary Therapy, you can find each Spotlight on our Services [here](#)



Squares board boosts funds

A big thank you to Pat Brooks who raised a brilliant £271 by creating squares boards and selling them for £1 at Normanby Hall Golf Club. All the members supported by buying squares and donating some wonderful prizes.



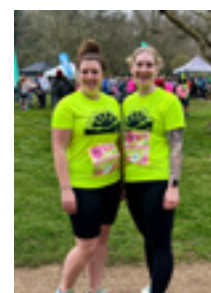
Thanks to Rotary Club of Scunthorpe

Thank you to Rotary Club of Scunthorpe for raising £1,000 for Lindsey Lodge with their Festival of Christmas Trees held at Old Brumby United Church in December 2021. President George Jefferson popped in to present the cheque to our Fundraising team.



Laura & Amy raise over £350

We'd like to say a big well done to Laura and Amy for completing the Normanby Hall Country Park Adventure Race in aid of Lindsey Lodge. They have already raised an incredible £350 pounds with donations still coming in.



News

We're looking for handmade hearts

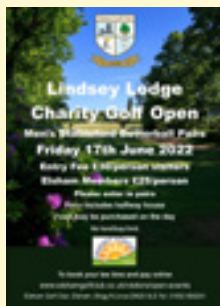
Our Inpatient Team are looking for pairs of small handmade hearts to give to our patients and their families. The hearts should be sealed in a bag and dated for quarantine purposes.



One heart will be given to a patient and the other to their family as a way for patients and families to feel connected while they may be unable to see each other. Thank you!

Join us on the Golf course this June

Grab your golf clubs and join us on the Elsham Golf Club course for our 2022 Golf Day on Friday 17 June! £30pp (visitors) & £25pp (Elsham members) - price includes halfway house. Book [here](#)



My Whole Self Day

We marked #mywholeself here at Lindsey Lodge! The highest performing workplaces are supportive and inclusive. My Whole Self aims to create a healthier working culture by bring together diversity and inclusion with mental health and wellbeing.



Make a Will Month in March

Thank you to anyone who has taken a Will out in March with the below solicitors as 70% of the charge has been donated to Lindsey Lodge. A huge thank you to the participating solicitors for your support BRR Law Solicitors, Sills & Betteridge Solicitors, Symes Bains Broomer & Tyto Law Solicitors



Howdens Joinery donate £2,412

We'd like to say a huge thank you to Howdens who have kindly donated £2,412 to Lindsey Lodge Hospice and Healthcare. Read more [here](#)



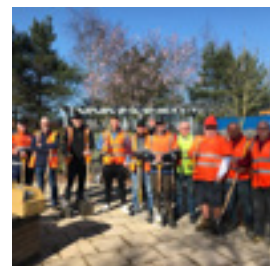
Jog on January success

The final figures are in and we're delighted to reveal that Jog on January 2022 raised over £9,500 for Lindsey Lodge! Well done and thank you to all of our fantastic participants and their supporters.



Ames Tools give our gardens a spruce for spring

A huge thank you to the team of volunteers from Ames Tools for coming to help spruce up our gardens and outside area at Lindsey Lodge! If you'd like to volunteer for us in a similar way, please email lh.enquiries@nhs.net



Online bookings and payments on our website

When making event booking payments and donations on our website, you may now be required to complete an extra authentication step for extra fraud protection. 3D Secure (3DS) requires customers to complete an additional verification step with the card issuer when paying.



Messingham Sands Fishery boost funds

Huge thanks to Messingham Sands Fishery for raising over £2,000 for Lindsey Lodge and to support the purchase of a defibrillator at the fishery. The charity event was held in the form of a non-competitive match spilt across the Islands Lake and Swan Pond at the Fishery.



News

The Butterfly Line is now open

Our Butterfly line is a brand new service to provide specialist palliative and end of life care advice, 24 hours a day, seven days a week, for patients, their families and carers, as well as healthcare professionals, to provide appropriate, timely advice from specialist nurses, to meet the needs of local people as they approach the end of their lives, and enhance their quality of life by enabling a more positive experience of care and support. Full details [here](#)



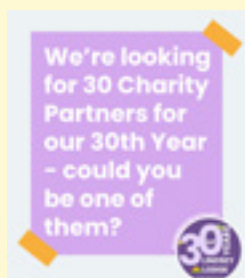
Tea Time Specials now available at Lindsey's Meet & Eat

We're delighted to have launched our Tea Time Specials at Lindsey's Meet & Eat. Join us between 4pm - 6pm, Monday to Saturday for a delicious bite to eat, no washing up required! There's no need to book and you can find us on Burringham Road, Scunthorpe.



30 Charity Partners for 30 years

Do you own or work at a local business that could become a Charity Partner and support Lindsey Lodge in our 30th year of care? If you're interested in becoming one of our 30 Charity Partners this year please contact llh.corporate@nhs.net



Join Hospice Harmonies

The Lindsey Lodge choir, Hospice Harmonies, is looking for new members. They meet at Church of the Resurrection on Mirfield Road Scunthorpe on Tuesday evenings from 7pm until 8.30pm and welcome all singers. Hospice Harmonies sing a range of songs and often sing to raise funds for Lindsey Lodge.



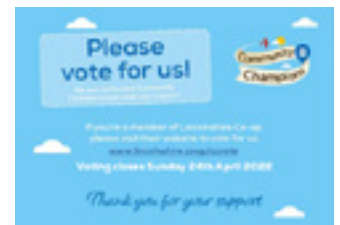
Great North Run places available

We have a limited amount of Great North Run places still available. Be part of the iconic event and raise funds for Lindsey Lodge, don't miss out as these places will go fast! Places will be given on a first come, first served basis. Please contact Emma via e.hartley2@nhs.net to register your interest



Please vote for us

We're delighted to reveal that we are a nominated Lincolnshire Co-op Community Champion. If you're a member of Lincolnshire Co-op please vote for us [here](#) Thank you!



Handmade bags needed

Our Inpatient team are looking for donations of handmade bags in any pattern/material, similar to the bags pictured.



The bags will be used as part of our Memory Making work, often used to give to grandchildren of patients. Some will also be used to for patients belongings when they pass away, to avoid the use of carrier bags.

Thanks to Barry Fenton Insurance

Thank you to Barry Fenton Insurance for donating chocolates and Easter eggs to Lindsey Lodge, for us to fill up our popular hampers which are raffled off by local businesses raising much needed funds for the hospice. If you'd like to display a hamper in your business to support Lindsey Lodge click [here](#)



Retail News

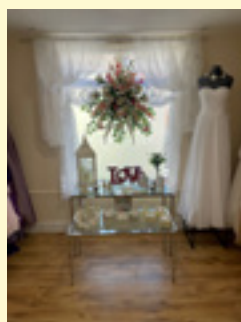
Lindsey's Pre-loved Boutique is now officially open in Brigg!



Our customers were literally queuing outside the doors in anticipation of the grand opening of our brand new

Brigg shop on Monday 14 March - many thanks to everyone who came to see our Chairman Alan Bell cut the ribbon.

Set over two floors, the new shop at 64 Wrawby Street, Brigg has a lovely boutique stocking ladies and menswear on the groundfloor and beautiful occasionwear and accessories on the first floor, as well as a well-stocked Wedding Loft offering a wide range of brand new and pre-loved dresses.



We say a huge thank you to Volunteer Jo DeKok for her beautiful floral arrangements, which have made our Wedding Loft look extra special.

We have already had some happy brides, along with mother of the brides and grooms, as well lots of satisfied customers.



The feedback so far has been fantastic, and we thank customers and volunteers for their continued support in Brigg!

The shop is open Monday to Saturday 9.30am to 4pm, and brides to be who would like to book a personal appointment with our team can phone the Wedding Loft by phoning 01652 654562.

Art & Craft Event at Ashby Bookshop

Whether it's looking for books about crafts, purchasing materials, or getting inspiration to take up a new hobby, our Ashby Bookshop has been providing some fantastic inspiration.



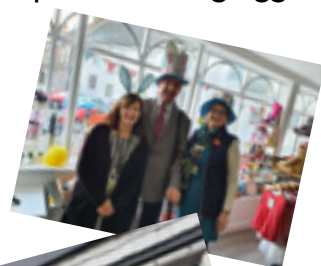
As well as our usual fantastic range of books, toys and puzzles, the team have been running an Art and Craft Event in the run up to Easter, with demonstrations in painting, sketching, sewing, card making, knitting from some very talented volunteers.

There are also some beautiful crafted items, which have been lovingly handmade, which are for sale in the shop, as well as books and materials to give you some inspiration. We've also got some lovely Easter craft hampers up for grabs for a £1 ticket...

For more information, please call into the shop at 288 Ashby High Street, or phone ahead on 01724 858339.

A huge thanks to all of our artists and crafters for their amazing support!

Finally, thanks to our shops for looking eggstra special for Easter!



Your Opinion Counts...

If you'd like to share your experience with us, please contact us on llh.enquiries@nhs.net, leave a personal message on our social media channels, or phone Jenny Baynham or Lizzie Orwin on 01724 270835.



We thought we'd share a few more with you, so you can see—your opinion really does make all the difference to everyone at Lindsey Lodge! Here is a lovely poem written by one of our Wellbeing patients...

I have no words to describe all the staff at Lindsey Lodge. The words "angels in disguise" do not even come close. The beautiful, beautiful people cared for my nanna for 3 weeks and 3 days until she passed. Providing her with the most outstanding care. I cannot thank you all enough for not only giving my nanna the care and support she needed but my family too. And allowing us to spend that precious time by her bedside was such a blessing. Thank you again to all the beautiful people who work there. I cannot thank you enough.

"You are all worth your weight in gold, everyone is just brilliant in your organisation... The Butterfly Line was an absolute life saver at what was a harrowing time for the family."

Amazing set of ladies always going above and beyond, love you all for everything you have done and are still doing for myself and my family. There are also so many others within Lindsey Lodge that do so much for me and so many others, I could never name them all, but can honestly say without them all I don't think I would still be here today, and feel so happy to know they are always there for me. I can never thank them enough so keep up the amazing work you all do, it means so much to so many of us thank you and love you all

From the moment I walked into the shop, nothing was too much trouble.

I was shown upstairs by Bev. I asked her if she would give me her honest opinion as I was all by myself. She was just so helpful and kind. She was called back downstairs and Vicky appeared. Nothing was too much trouble. 2 mannequins were dismantled! I was trying 5 dresses on and they were helping me to get a matching hat. They even went up to floor 3 to try and find me a handbag.

Bev and Vicky treated me so kind. They were the most loveliest of people. They made, what I thought was going to be a difficult shopping experience, the most wonderful, enjoyable experience. I came away with 2 dresses and a wedding hat. The manager even managed to find a hat box for me to protect the hat. How caring and thoughtful.

Lindsey's Pre-loved Brigg

Happy Easter!



Happy
Easter
from
Lindsey
Lodge

